



## **LIGHT BITES**

Served daily from 1200

Gluten free bread available

### **Soups**

Super Soup of the day 5

### **Salads**

**Halloumi**, citrus, pomegranate, pine nuts (v) (gf) 9

**Teriyaki chicken**, garlic, ginger (gf) 9.5

**Roasted Beets**, figs, feta, walnuts (v) (gf) 8.5

**Bang bang chicken**, peanuts, chillies (gf) 9.5

(all with Rocket, watercress, spinach and toasted seeds)

### **Sandwiches**

Available on white bloomer, sourdough or pizza dough pocket

Tomato, basil and mozzarella (v) 6.5

Halloumi, roasted pepper & rocket (v) 7.5

Pear, goats' cheese, pine nuts & spinach (v) 6.5

Hummus, roasted root veg & rocket (ve) 6.5

Pastrami, pickles, mustard sauce, rocket 7.5

Meatballs, tomato & chillies (served hot) 7

Chicken & mango mayo 7

Smoked salmon & cream cheese 7.5

### **Poutines, Fries & Sides**

**Philly fries**, fries, BBQ pulled pork, pickles, mozzarella 5.5

**Poutine**, fries, cheese curd, proper gravy 4.5

**Veggie Poutine**, fries, cheese curd, veg gravy (v) 4.5

**Posh Fries**, parmesan, truffle oil (v) 4.5

**Halloumi Fries**, pomegranate, mint, coriander, yogurt (v) 5.5

**Fries** (ve) 4

**Sweet Potato Fries**, ajika mayo (v) 5

**Purple Slaw**, purple carrots, red onion, red cabbage (v,gf) 3

**Rocket, watercress & spinach salad** (ve) (gf) 3