

LIGHT BITES

Served daily from 1200. Gluten free bread available

Super Soup of the day with sourdough	5.5
Charcuterie Sharing Board for 2 cold meat, cheese, bread rolls	16.5

Salads

Halloumi, citrus, pomegranate, pine nuts (v) (gf)	10.5
Super food, krispy kale, pomegranate, seeds, cucumber, cherry tomatoes (ve) (gf)	10.5
Feta & olive, tomato (v) (gf)	10
Bang bang chicken, peanuts, chillies (gf)	11
<i>all with rocket, spinach, pea shoots and toasted seeds</i>	

Sandwiches

Available in granary, seeded spelt or tortilla wrap.
Served with rocket & spinach salad and rawslaw

Mackenzies smoked salmon & cream cheese	9
Chicken, adjika mayo, rocket	8.5
Halloumi, red pepper & rocket (v)	8.5
Hummus, roasted root veg, rocket (ve)	8
BBQ pulled pork, raw slaw (served hot)	9
BBQ pulled jackfruit, red pepper (served hot) (ve)	9

DRINKS

Coffees

Espresso	2.50
Macchiato	2.60
Piccolo 4oz	2.60
Flat White 6oz	2.80
Long Black 8oz	2.70
Latte 8oz	2.90
Cappuccino 8oz	2.90
Mocha 8oz	3.25
Hot Chocolate 12oz	3.50
Chai Latte 8oz	3.00
V60 Pour Over Filter	Various
Babyccino	1.00
Nitro Cold Brew (can)	2.95
Iced Long Black	2.90
Iced Latte	2.95
Iced Mocha	3.25

Loose Leaf Teas

English Breakfast	2.90
Decaf English Breakfast	2.90
Earl Grey	2.90
Green Tea	2.90
Moroccan Mint	2.90
Lemon & Ginger	2.90
Fruit Punch	2.90
Chai	2.90



Poutines, Fries & Sides

Philly fries, BBQ pulled pork, mozzarella	7
Jacked fries, fries, BBQ pulled jackfruit, vegan cheese (ve)	7
Meaty poutine, fries, cheese curd, meat gravy	6
Veggie poutine, fries, cheese curd, veg gravy (v)	6
Posh fries, parmesan, truffle oil	5.5
Salt & pepper fries, dried chillies, ajika dip (ve)	5
Sweet potato fries, ajika dip (ve)	5
Halloumi fries, pomegranate, mint, coriander, yogurt (v)	5.5
Fries (ve)	4.5
Raw slaw, carrots, red onion, cabbage (ve) (gf)	4
Rocket, spinach, krispy kale & peashoot salad (ve) (gf)	4
Sauces/dips	0.5
BBQ, BBQ (ve), Adjika dip (ve), hot sauce (ve)	

Smoothies

Berry-Go-Round	4
Blackberry, raspberry & strawberry	
Blueberry Thrill	4
Blueberry, raspberry, banana, flax seed	
Strawberry Split	4
Strawberry, banana	
Big 5	4
Pineapple, mango, kiwi, strawberry	
Coco Loco	4
Mango, coconut, pineapple, mint, lime	
Broccoli & The Beast	4
Broccoli, spinach, cucumber, mango, pineapple, banana	
Detox Zing	4
Ginger, courgette, banana, carrot, blueberry	
Kale Kick	4
Kale, spinach, mango	

SOMETHING SWEET

Affogato	6
Under Milk Wood double espresso, Northern Bloc Madagascan vanilla ice cream	
Chocolate Brownie	6
Northern Bloc Madagascan vanilla ice cream	
Northern Bloc ice cream tub	4
Madagascan vanilla (also available vegan)	
Vegan peanut chip	
Strawberry & black pepper	
Chocolate & sea salt	
Brownies, rocky road, caramel slice,	3
Tray bakes from Coopers Cakes & Bakes	3
Pastries	1.5